Your journey with indigo. Information and Advice



1. Make an enquiry on our website or over the phone.
Our team can guide you through your options and talk to you about your goals.



3. Receive information and advice from our allied health professionals to reach your goals of independence.

Referral

Onboarding

S Consultation Appointment

End Service



2. Complete a service agreement. We'll help you set out what your goals are in order to work with our therapists.



4. 'Discharge' or end of service.



