

Topic

Protective Behaviours

Descriptive planning

Use these words to help teach the key concepts of this topic. They can also be used by individuals to express their understanding of a concept.

Instead of looking for the key concepts in their communication devices, individuals can use words they already know and are used in lots of other contexts.

Key Concept Words + Definition	Core Vocabulary Description
Abuse	Not good / Bad
treat with cruelty or violence, especially regularly or repeatedly	Something bad he/she did again and again
	Something he/she said
	I feel hurt
	Someone did bad things to me
	Someone knew it was bad (not an accident)
Accident	I did not plan it
unplanned or not expected to happen	I did not expect it
	They did not know
	I did not know
Appropriate	Something that is ok for here/now
	That is ok here/now
	That is good for here/now
Assertive	I say what I think
	They can understand me
	They know what I think
	I can explain
Body signals	I feel in me
Body reacting to feelings	You cannot see it
	What is going on in my body
Bribe	Someone gave to me, but it is bad
	They want me to do something
Comfortable	I like it
	This feels good
	I know what is going on
Confused	I do not know what to do



Key Concept Words + Definition	Core Vocabulary Description
Danger / Dangerous	Something bad
	Need to stop
	I can be hurt
Early Warning Signs	I can see or feel it
	Helps me know what is going on
Emotional	Something in me
	You can't see it
	I feel it
External	Not in me
	On the outside
	You can see it
Feeling	How I feel
reactions in our body	What is in me
	Sometimes he/she can see how I feel
Inappropriate	That is not for now
	That is not ok for here
Injured	I am hurt here
	They hurt me
	I need help
Internal	In me
	You cannot see it
Invisible	Something you cannot see
	I cannot see it
Mental	Something I think
	You cannot see it
Network	People I know who can help me
a group or system of interconnected	I know them
people or things.	They help me
Personal space	Around me
	Being close to me



Key Concept Words + Definition	Core Vocabulary Description
Physical	You can see it
	Something we do
Police officer	They are here to help
	They can be good
	They can be someone I do not know
Positive	Something that is good
Private	Just for me
For our own use	I do not want to show you now
	Not for everyone to know
	They do not see
	Something I do at home
Protect	So that I do not get hurt
	This is good
	Stop me being hurt
Public	They can see
Something done, perceived, or existing in open view	All can see
Relationships	I know them
	Can be different later
	It can change
Respect	I feel safe
	They are good with me
	They think I am good
Safe	I feel good
	Feel good
	I can ask for help
	I can tell them what happened
Safe Strategies	I can say Stop that
	I do not want you to do that
	I can go
	I can say No
	I need help



Key Concept Words + Definition	Core Vocabulary Description
Secret	Something I know that you do not know
something that is kept or meant to be kept unknown or unseen by others	You do not know it
	I know something and do not say
Sexual abuse	Touching me when I do not say yes
	Making me touch them when I do not want to.
	Talking to me about things I do not want to listen to
	Showing me things, I do not want to see
Stranger	Someone I do not know
	I have not seen them
Threat	They say I need to do/say something
	Make me do something
	Make me think I will get hurt
Touch	Feel on my
	They touched me
	They touched me on
	Not ok / is ok
Trust	Somebody I think will do good
	Somebody who will help me
Unsafe	This is not good
	I do not feel safe