

# Decision-Making Agreement

Use in conjunction with the Decision-Making Profile to improve choice and control

This should be reviewed regularly to make sure the situations are kept up to date. A talking mat about how I feel about the importance of different situations could be used to help develop and review this document.

<b>Name</b>	<b>Date</b>
<b>Who helped complete this document</b>	<b>Strategies used to get my opinions</b>

**Situation where it is important for me to have choice and control**

<b>Decision/situation that is important to me:</b>	<b>Who else I want involved:</b>
<b>How I want to be involved:</b>	<b>Who makes the final decision:</b>
<b>What I need to be involved in this decision:</b>	<input type="checkbox"/> Me
	<input type="checkbox"/> Someone Else <input type="text"/>
	<i>(after listening to my opinions and preference)</i>

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(after listening to my opinions and preference)

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*Based on the work of Helen Sanderson Associates: <http://helensandersonassociates.co.uk/>*